

VALUES

12/24 This is an updated version of the "Core Values" list that I sent out in 2022. I've added suggestions from that list, my own ideas, and words from other 'values' lists.

What values are missing from the list?

A few TYPES of Values:

Your Intrinsic Value

Moral Value

Value of Any Person

Value of Relationships

Value of Groups

Value of Things

Value of Experience

A List of Values (264 so far!)

Acceptance	Challenge	Devotion	Ferociousness
Accomplishment	Charity	Dignity	Fidelity
Accountability	Cleanliness	Discipline	Fitness
Accuracy	Clear	Discovery	Flexibility
Achievement	Cleverness	Drive	Focus
Adaptability	Comfort		Foresight
Adventure	Commitment	Economy	Forgiveness
Agency	Common Sense	Effectiveness	Fortitude
Alertness	Communication	Efficiency	Freedom
Altruism	Community	Empathy	Friendship
Ambition	Compassion	Empowering	Fun
Amusement	Competence	Endurance	
Anti-fragile	Concentration	Enjoyment	Generosity
Assertiveness	Confidence	Enthusiasm	Gentleness
Attentiveness	Connection	Energy	Giving
Awareness	Consciousness	Enjoyment	Goodness
Authenticity	Conservatism	Enthusiasm	Grace
Authority	Consistency	Equality	Greatness
Autonomy	Contentment	Equanimity	Gratitude
	Contribute	Essentialism	Grounded
Balance	Control	Ethical	Growth
Beauty	Conviction	Excellence	Generosity
Boldness	Cooperative	Experience	Giving
Bravery	Courage	Exploration	Goodness
Breath	Courtesy	Expressiveness	
Brilliance	Creativity		Happiness
	Credibility	Fairness	Hard Work
Calm	Curiosity	Faith	Harmony
Candor	Daunted	Fame	Health
Capability	Decisive	Family	Honesty
Care	Dedication	Fidelity	Honor
Carefulness	Dependable	Friendship	Hope
Centered	Determination	Fearlessness	Humility
Certainty	Development	Feelings	Humor

Imagination	Objectivity	Responsivity	Support
Improvement	Openness	Restraint	Surprise
Independence	Optimism	Results-oriented	Sustainability
Individuality	Order	Reverence	
Influence	Organization	Rigor	Talent
Innovation	Originality	Risk	Teamwork
Inquisitiveness	Overwhelmed		Temperance
Insightful		Satisfaction	Tenacity
Inquisitive	Passion	Security	Thoroughness
Inspiring	Patience	Self-	Tranquility
Integrity	Peace	Determination	Transparency
Intelligence	Performance	Selflessness	Thoughtful
Intensity	Persistence	Self-Reliance	Timeliness
Intuitive	Personhood	Self-Respect	Tolerance
Intimacy	Playfulness	Self-Worth	Toughness
	Pleasure	Sensitivity	Tradition
Joy	Popularity	Serenity	Trust
Justice	Potential	Service	Trustworthiness
	Poise	Sharing	Truth
Kindness	Power	Significance	
Knowledge	Present	Silence	Ubuntu
	Productivity	Simplicity	Understanding
Leadership	Professionalism	Sincerity	Uniqueness
Learning	Prosperity	Skill	Unity
Liberty	Purpose	Skillfulness	
Logic		Smart	Valor
Love	Quality	Solitude	Values
Loyalty		Spirit	Victory
	Realistic	Spirituality	Vigor
Mastery	Reason	Spontaneity	Vision
Maturity	Recognition	Stability	Vitality
Meaning	Recreation	Stamina	
Moderation	Reflective	Status	Wealth
Motivation	Reputation	Stewardship	Welcoming
Multitasking	Resilience	Strength	Winning
	Respect	Structure	Wisdom
	Responsibility	Success	Wonder

Newly added from readers sharing their thoughts: Positivity, Inclusion, Networking, and Quantity