

FS News: Winds of Change Edition

Sorry Amazing Fair Shake Subscribers ~

I can't believe that I missed sending out the newsletter in January.

I thought that winter was a time to slow down, reflect and plan, but for the past 2 months I've been doing more than ever.

I've written some grant applications and attended some non-profit fundraising meetings. It will take months to hear if my ideas were acceptable to the donors.

One of the applications is for a 'Justice Fellowship' at Soros. The funding is for a project, so I created one that we could work on together. Like the recipe swap but with more impact...a Reentry Preparation course / exercise / self-directed learning activity- ish... Something that we could really 'bend the bean' about (think hard), put together to share freely on the website, and maybe make it eligible to be used as an early release program. Wouldn't that be cool? A group project?? I won't hear from them until the summer, I think. The fellowship funding would be enough to keep me and Fair Shake going for nearly 2 years. (I'm very frugal ~ :)

Speaking of keeping Fair Shake going, we received a lot of support over the holidays...close to \$10,000 thousand dollars, actually...which keeps the newsletter coming out, the website up and the electric bill paid. Yay! Thank you all for helping me with this...with art donations, and quotes, and envelopes. I made Thank You cards and used all of your donations to mail them out! Even the financial donations...because they paid for the ink and the card stock paper. We did a great job...together!

If your supporters want to know what I do here at Fair Shake, I created an online IMPACT book that they can virtually look through online: <https://www.fairshake.net/impact-book/> All of your quotes can be found throughout the book, and there is a Gallery Guide on that page, too! We're doing it!

As you know, Fair Shake is a MULTI-STAKEHOLDER Reentry Resource. This means that the website has information for everyone (families, friend, employers and more) to build a better future for reentry! And speaking of employer stakeholders:

A Fair Chance Employer in Virginia (not far from DC) contacted me earlier this week, wanting you to know that Shirley Contracting, a road construction company that works in the mid-Atlantic region, is looking for all types of employees, and they offer benefits in addition to wages. Write to them to find out more:

Shirley Contracting Company
Kimberly Eradat HR Manager
8435 Backlick Road
Lorton, VA | 22079

"It will be a job seekers market for the foreseeable future."
- Trevor Blair, HR consultant said on 1.27.23

\$1000 SCHOLARSHIPS FOR UNDER-REPRESENTED STUDENTS

Study.com is offering \$1000 scholarships for students in the following categories and more: ADHD, Asian, Autism, Children of First Responders, DACA, Disabilities, Dyslexia, First-Generation, HBCU, Homeschooled, Indigenous, LBGTQ, Military, Moms, Non-Traditional (older), Non-White Women, Single Parent, and Transgender...

You can write to them directly or, if you have outside support, they said "The applications can be submitted on behalf of someone with their answers." Here's the link:

<https://study.com/resources/minority-scholarships-for-college-students#0711>

And here's their address:

Study.com
100 View Street #202
Mountain View, CA 94041

Let your families and friends know about this opportunity, too! It's open to all

UPDATE ON LOAN FORGIVENESS PROGRAM

In less than one month, 26 million borrowers applied for Biden's debt relieve program. A few days ago, the White House announced that they approved 16 million of those applications. The program was halted by a federal judge in Texas and the Supreme Court will hear arguments starting on Feb. 28. Hopefully, we'll see good news on this front in the March newsletter ~

A NEW BOOK CATALOG RECOMMENDATION:

A BOOK YOU WANT PO Box 16141 Rumford, RI 02916

E-mail: Zling13@comcast.net Barbara is very interactive through E-mail with quick replies most days.

36 WAYS TO LIFE DIFFERENTLY

"The only constant is change." (Heraclitus, 500 bce)

Life will be different tomorrow than it is today. By regularly exposing yourself to new ideas and practices, you can learn to think and live differently. New ideas tend to build on one another. If you'd like to receive this article please START A NEW MESSAGE to me with 36 WAYS in the subject line and I'll send it to you! This list will always have value...

DIGITIZED MAIL IS ANTISOCIAL: Prisons that no longer receive real letters:

Florida, Iowa, Missouri, New Mexico, North Carolina, Pennsylvania, Wisconsin + NY City Jails

Instead of a book review this month, I'm sharing this fun little poem:

THERE'S A HOLE IN MY SIDEWALK: The Romance of Self-Discovery

A poem by Portia Nelson

CHAPTER ONE: I walk down the street. There is a deep hole in the sidewalk. I fall in. I am lost... I am helpless. It isn't my fault. It takes forever to find a way out.

CHAPTER TWO: I walk down the same street. There is a deep hole in the sidewalk. I pretend I don't see it. I fall in again. I can't believe I am in the same place. But, it isn't my fault. It still takes me a long time to get out.

CHAPTER THREE: I walk down the same street. There is a deep hole in the sidewalk. I see it is there. I still fall in...It's a habit..but, my eyes are open. I know where I am. It is my fault. I get out immediately.

CHAPTER FOUR: I walk down the same street. There is a deep hole in the sidewalk. I walk around it.

CHAPTER FIVE: I walk down another street.

MOTIVATING QUOTES:

Several readers have told me they love reading the quotes each month. I love quotes, too! Recently, one of the subscribers asked if I could send a list of uplifting quotes so, of course, I'm turning to you to make it. Can you send me a favorite motivating or inspiring quote? As always, I'll put them together and make a list...and share it in the next newsletter ~ :)

ON TO THE QUOTES:

"If you want green grass in your community, you've gotta plant some seeds." - Tamira Greene

"There is nothing in a caterpillar that tells you it's going to be a butterfly." – R. Buckminster Fuller

"Let nothing dim the light that shines within you." - Maya Angelou

"While synthetic realness has the ability to sow distrust and discord, it also has the power to improve human relationships."

~ found on the Accenture website, in support of tech to deliver relational information to people

Q: What do you get when you cross a chat bot with Twitter? A.: Chatter

"When you wish upon a falling star, your dreams can come true. Unless it's really a meteor hurtling to the Earth which will destroy all life. Then you're pretty much hosed no matter what you wish for. Unless it's death by meteorite."

— Justin Sewell

"When the satisfaction or the security of another person becomes as significant to one as one's own satisfaction or security, then the state of love exists. Under no other circumstances is a state of love present, regardless of the popular usage of the term." - Harry Stack Sullivan

Being deeply loved by someone gives you strength, while loving someone deeply gives you courage. Lao Tzu

"Risk is an essential need of the soul." ~ Simone Weil

"You can't blame gravity for falling in love." - Albert Einstein

Baby, it's cold outside! (we can say that again, right? ~ :)
Our temp. in Westby, WI is expected to reach -14 tonight!

To our successful transitions!
Ubuntu and gratitude!! ~ sue

As always, when you are released, remember to find support in your phone-gizmo:
2-1-1 Fairshake.net HelpYourselfTherapy.com FindHelp.org

Newsletters are available at FairShake.net for your family and friends to read or print.