

# 1

## IDENTIFICATION



On this page, find out how to get IDs to apply for jobs, benefits, and more.

### Step-by-Step

1. Get your D.C. Birth Certificate at the Vital Records Office. Call ahead or go online to review what you will need to bring. Birth certificates cost \$23.



- **Vital Records: Dept. of Health (DOH)**
  - ☎ (202) 442-9303
  - 🏠 899 N. Capitol St NE, 1<sup>st</sup> Floor
  - 🕒 M-F 8:30am-3:30pm
  - 🌐 [www.doh.dc.gov/node/118222](http://www.doh.dc.gov/node/118222)

2. Get your Social Security card at the Social Security Administration. Call or go online to review what you will need to bring. You may be able to file for your card online.



- **Social Security Administration**
  - ☎ 1-800-772-1213
  - 🏠 2100 M St NW
  - 🕒 M, Tu, Th, F 9am-3pm, W 9am-12pm
  - 🌐 [www.ssa.gov/ssnumber](http://www.ssa.gov/ssnumber)

3. Get your Driver's License or Non-Driver's ID at the DMV. If you were released within the last 6 months, talk to your CSO and get a letter confirming your status to get a free Non-Driver's ID.



- **Dept. of Motor Vehicles (DMV)**
  - ☎ (202) 737-4404
  - 🏠 Locations around D.C.
  - 🕒 Hours vary by location
  - 🌐 [www.dmv.dc.gov](http://www.dmv.dc.gov)

### Get Help Paying For Your IDs

- **Foundry Ministry**
  - ☎ (202) 332-4010
  - 🌐 [www.foundryumc.org](http://www.foundryumc.org)
  - Services: Get help paying for your Birth Certificate and Non-Driver's ID.
  - Requirements: Case manager or CSO must make your appointment.

### SMART TIPS

- **Call:** Before visiting a provider, give them a call. If you don't have access to a phone, use ours!
- **Ask:** When you call, ask what they do, when they are open, and what to bring with you (documents, IDs, etc.).

# 2

## HOUSING



*On this page, find resources and programs to help you locate emergency housing and get on wait-lists for low-income housing.*

### Emergency

- **D.C. Emergency Shelter Hotline**
  - 📞 1-800-535-7252
  - 🕒 6:30am-midnight every day
  - Services: Get a list of shelters that have beds available tonight.
- **D.C. Hypothermia Hotline**
  - 📞 (202) 399-7093
  - 🕒 24/7 from November 1-March 31
  - Note: During a Hypothermia Alert (temp below 32 degrees) you are guaranteed shelter. Call to find a bed.
- **Virginia Williams Family Resource Center**
  - 📞 (202) 526-0017
  - 📍 33 M St NE
  - 🕒 Walk-in: M-Th 8:30am-4pm
  - 🌐 [www.dccfh.org](http://www.dccfh.org)
  - Services: Central intake site for homeless families in need of shelter.
  - Requirements: Family with children under 18, photo ID, proof of homelessness.

### Long-Term

- **S.O.M.E. (So Others Might Eat)**
  - 📞 (202) 797-8806
  - 📍 71 O St NW
  - 🕒 M-F 8am-4pm
  - 🌐 [www.some.org](http://www.some.org)
  - Services: Long-term housing for families and individuals. Call to get on wait-lists.
- **Bread for the City: Housing Access Program**
  - 📞 NW Office: (202) 265-2400
  - 📍 1525 7<sup>th</sup> St NW
  - 📞 SE Office: (202) 561-8587
  - 📍 1640 Good Hope Rd SE
  - 🕒 Walk-in: M-Th 9-11am, 1-4pm; F 9-11am
  - 🌐 [www.breadforthecity.org](http://www.breadforthecity.org)
  - Services: Can help you get on wait-lists for permanent subsidized housing.

### SMART TIPS

- **Call:** Before visiting a provider, give them a call. If you don't have access to a phone, use ours!
- **Ask:** When you call, ask what they do, when they are open, and what to bring with you (documents, IDs, etc.).

# 3

## EDUCATION



On this page, find providers to help you get your education.

### Pre-GED & Beginning Readers

- **Washington Literacy Center**
  - ☎ (202) 387-9029
  - 🏠 1816 12<sup>th</sup> St NW
  - 🕒 M-F 9am-5pm
  - 🌐 [www.washingtonliteracycenter.org](http://www.washingtonliteracycenter.org)
  - Services: Basic reading classes and tutoring for adult learners.

### GED

- **Adult Literacy Resource Center at MLK Public Library**
  - ☎ (202) 727-2431
  - 🏠 901 G St NW, Room 300
  - 🕒 M-Tu 12pm-9pm,  
W-Sa 9:30am-5:30pm
  - 🌐 [www.dclibrary.org/services/adult](http://www.dclibrary.org/services/adult)
  - Services: Referrals to pre-GED and GED classes, studying help, practice tests, ESL classes, and tutoring.
- **Academy of Hope**
  - ☎ (202) 269-6623
  - 🏠 601 Edgewood St NE
  - 🌐 [www.aohdc.org](http://www.aohdc.org)
  - Services: Free GED prep, computer classes, and other courses. Go online to learn more.

### College & Advanced Degrees

- **UDC Community College Workforce Development Program**
  - ☎ (202) 274-5800
  - 🏠 Many campuses around D.C.
  - 🌐 [cc.udc.edu](http://cc.udc.edu)
  - Services: Free classes to help develop career skills in many fields, including: health care, construction trades, hospitality, office technology.

### Computer Access & Classes

- **Byte Back**
  - ☎ (202) 562-2636
  - 🏠 Locations around D.C.
  - 🌐 [www.southeastministrydc.org](http://www.southeastministrydc.org)
  - Services: Free computer classes.
- **Project Reboot**
  - ☎ (301) 330-0034
  - 🏠 4 Choke Cherry Rd, Rockville, MD
  - 🕒 Mon 1-5pm, Wed 10am-4pm
  - 🌐 [reboot.cpcug.org](http://reboot.cpcug.org)
  - Services: Low-cost computers and printers.
  - Requirements: Need referral from partner organization. Call ahead.

### SMART TIPS

- **Call:** Before visiting a provider, give them a call. If you don't have access to a phone, use ours!
- **Ask:** When you call, ask what they do, when they are open, and what to bring with you (documents, IDs, etc.).

# 4

## MEDICAL & DENTAL



On this page, find free clinics and information about health insurance. Bring (1) all prison medical records, (2) a list of medicines you take, and (3) your insurance or Medicaid card if you have one.

### Clinics

- **Bread for the City**
  - 📞 NW Office: (202) 265-2400
  - 📍 1525 7<sup>th</sup> St NW
  - 📞 SE Office: (202) 561-8587
  - 📍 1640 Good Hope Rd SE
  - 🕒 Walk-in: M-Th 9-11am, 1-4 pm; F 9-11am
  - 🌐 [www.breadforthecity.org](http://www.breadforthecity.org)
  - Services: Medical and dental care.
- **S.O.M.E. (So Others Might Eat)**
  - 📞 (202) 797-8806
  - 📍 71 O St NW
  - 🕒 M-F 8am-4pm
  - 🌐 [www.some.org](http://www.some.org)
  - Services: Medical, eye, and dental care.
- **Family and Medical Counseling Service**
  - 📞 (202) 889-7900
  - 📍 2041 MLK Ave SE, Suite 303
  - 🕒 M-F 8:30am-5:30pm
  - 🌐 [www.fmcsinc.org](http://www.fmcsinc.org)
  - Services: Medical care and HIV/AIDS counseling and care.
- **Unity Health Care Reentry Health Center**
  - 📞 Appointments: (202) 610-7160
  - 📞 Doctor After Hours: (301) 953-4574
  - 📍 Anacostia Health Center  
1500 Galen St SE
  - 🌐 [www.unityhealthcare.org](http://www.unityhealthcare.org)
  - Services: Medical, dental, and eye care.

### Health Insurance

- **D.C. Healthcare Alliance, D.C. Healthy Families & Medicaid**
  - 📞 Dept. of Human Services:  
(202) 727-5355
  - 📍 Locations around D.C.
  - 🌐 [dhs.dc.gov/service/medical-assistance](http://dhs.dc.gov/service/medical-assistance)
  - Services: Health insurance for low-income D.C. residents.
  - Requirements: Go to an ESA Service Center to apply (call to find the ESA near you). If you need help filling out the application, call Bread for the City, S.O.M.E., or another provider.

### SMART TIPS

- **Call:** Before visiting a provider, give them a call. If you don't have access to a phone, use ours!
- **Ask:** When you call, ask what they do, when they are open, and what to bring with you (documents, IDs, etc.).

# 5

## BENEFITS



On this page, find experts who can help you apply for benefits, including food (SNAP, WIC), cash benefits (TANF, SSI, SSDI), and health insurance (D.C. Healthcare Alliance, D.C. Healthy Families, and Medicaid).

### Benefit Applications

- **LIFT-DC**
  - 📞 Perry School: (202) 289-2525
  - 📍 128 M St NW #335
  - 📞 THEARC: (202) 450-2787
  - 📍 1901 Mississippi Ave SE
  - 🌐 [www.liftcommunities.org/washington-dc](http://www.liftcommunities.org/washington-dc)
  - Services: Student Advocates meet with you one-on-one to determine benefits you may qualify for and fill out benefits applications.
  - Requirements: Call ahead to schedule an appointment.
- **Bread for the City**
  - 📞 NW Office: (202) 265-2400
  - 📍 1525 7<sup>th</sup> St NW
  - 📞 SE Office: (202) 561-8587
  - 📍 1640 Good Hope Rd SE
  - 🌐 [www.breadforthecity.org](http://www.breadforthecity.org)
  - Services: Help applying for SSI and SSDI.
  - Requirements: Call ahead to schedule an appointment.

### For Women

- **Our Place DC**
  - 📞 (202) 548-2400
  - 📍 1518 K St NW
  - 🌐 [www.ourplacedc.org](http://www.ourplacedc.org)
  - Services: Public benefit assistance for women, including child and pregnancy benefits and referrals for childcare and healthcare.

### Legal Help

- **Legal Aid Society of DC**
  - 📞 (202) 628-1161
  - 📍 Locations around D.C.
  - ⌚ Vary by location
  - 🌐 [www.legalaiddc.org](http://www.legalaiddc.org)
  - Services: Help if you have been denied public benefits or are having issues collecting your benefits.

### SMART TIPS

- **Call:** Before visiting a provider, give them a call. If you don't have access to a phone, use ours!
- **Ask:** When you call, ask what they do, when they are open, and what to bring with you (documents, IDs, etc.).

# 6

## BASIC NEEDS



On this page, find places to go for food and clothing.

### Soup Kitchens

- **Miriam's Kitchen**

- 📞 (202) 452-8926
- 📍 2401 Virginia Ave NW
- 🕒 Breakfast: 6:30-8am daily
- 🕒 Lunch: (Weds. only) 12-2pm
- 🕒 Dinner: 4:45-5:45pm daily
- 🌐 [www.miriamskitchen.org](http://www.miriamskitchen.org)
- Services: \$1 meals, case management and art therapy.

### Food Pantries & Casual Clothing

- **Martha's Table/Martha's Outfitters**

- 📞 Food: (202) 328-6608 x214
- 📞 Clothing: (202) 328-6608 x230
- 📍 2114 14<sup>th</sup> St NW
- 🕒 Clothing: Tu-Sa 9am-6pm
- Clothing Services: Low-cost clothing (free with a referral).
- 🕒 Food: On last Thursday of every month offer groceries to everyone, and offer free groceries M-Th every week (referral from a partner organization required).
- 🌐 [www.marthastable.org](http://www.marthastable.org)

- **Bread for the City**

- 📞 NW Office: (202) 265-2400
- 📍 1525 7<sup>th</sup> St NW
- 📞 SE Office: (202) 561-8587
- 📍 1640 Good Hope Rd SE
- 🕒 Food (for Seniors, Disabled, Parents): M-Th 9am-12pm, 1-5pm
- 🕒 Clothes (SE): Tu-Th 10am-2pm
- 🌐 [www.breadforthecity.org](http://www.breadforthecity.org)

- **S.O.M.E. (So Others Might Eat)**

- 📞 (202) 797-8806 x2109
- 📍 71 O St NW
- 🕒 Breakfast: 7:30-8:30am
- 🕒 Lunch: 11:30am-1pm
- 🌐 [www.some.org](http://www.some.org)
- Services: Hot meals; call ahead for hours to use showers and pick up free furniture.

### Job & Interview Clothing

- **STRIVE DC**

- 📞 (202) 484-1264
- 📍 715 I St. NE
- 🕒 M-F 9 am-5pm
- Services: Clothing for men and a small selection for women.

### SMART TIPS

- **Call:** Before visiting a provider, give them a call. If you don't have access to a phone, use ours!
- **Ask:** When you call, ask what they do, when they are open, and what to bring with you (documents, IDs, etc.).

# 7

# JOBS



On this page, find help searching for jobs and job training programs.

## NOTE:

These organizations are experts at helping Returning Citizens find work. Some do job prep, and some do job training.

1. **Job prep:** update resume, practice interviews, get help with job search.
2. **Job training:** learn a trade or get certified for a specific job.

## 1. Job Prep

### • LIFT-DC

- 📞 Perry School: (202) 289-2525
- 📍 128 M St NW #335
- 📞 THEARC: (202) 450-2787
- 📍 1901 Mississippi Ave SE
- 🌐 [www.liftcommunities.org/washington-dc](http://www.liftcommunities.org/washington-dc)
- Services: Student Advocates meet with clients one-on-one to create resumes and apply for jobs.
- Requirements: Call ahead to schedule an appointment.

### • STRIVE DC

- 📞 (202) 484-1264
- 📍 715 I St NE
- 🕒 M-F 9 am-5pm
- 🌐 [www.strivedc.org](http://www.strivedc.org)
- Services: Intensive job prep training course and skill building program.

### • DOES Job Centers (One-Stops)

- 📞 (202) 724-7000
- 📍 Locations around D.C.
- 🕒 Varies by location
- 🌐 [www.does.dc.gov/service/american-job-center](http://www.does.dc.gov/service/american-job-center)
- Services: Job search workshops, referrals to job training and employers looking to hire.

### • Jubilee Jobs

- 📞 (202) 667-8970
- 📍 2712 Ontario Rd NW
- 🕒 M-Th 9am-5pm, F 9am-3:30pm
- 🌐 [www.jubileejobs.org](http://www.jubileejobs.org)
- Services: Resume help, job readiness, connections to entry-level jobs.

## 2. Job Training

### • S.O.M.E. Center for Employment Training

- 📞 (202) 292-4460
- 📍 2300 MLK Ave SE, 4th Floor
- 🕒 M-F 9am-5pm
- 🌐 [www.some.org](http://www.some.org)
- Services: Certification for medical, building maintenance, and other trades.

## SMART TIPS

- **Call:** Before visiting a provider, give them a call. If you don't have access to a phone, use ours!
- **Ask:** When you call, ask what they do, when they are open, and what to bring with you (documents, IDs, etc.).

# 8

## CHILDREN & FAMILY



On this page, find free or low cost pre-K programs, day care, after-school programs, parenting classes, and family counseling.

### Family Support

- **Childcare Resource and Referral Hotline**
  - ☎ (202) 862-1111
  - 🌐 [www.mychildcaredc.com](http://www.mychildcaredc.com)
  - Services: Free, confidential phone service for parents and guardians looking for licensed childcare.
- **DC Family Collaboratives**
  - ☎ (202) 299-0900
  - 📍 Locations around D.C.
  - 🌐 [www.dccollaboratives.org](http://www.dccollaboratives.org)
  - Services: Free counseling, youth assistance, and fatherhood training.
- **Martha's Table**
  - ☎ (202) 842-9090
  - 📍 2114 14<sup>th</sup> St NW
  - 🕒 M–F 8am–6pm, Sa–Su 10am–4pm
  - 🌐 [www.marthastable.org](http://www.marthastable.org)
  - Services: Pre-K, after-school, and general enrichment activities for children aged 3 months to 24 years.
  - Requirements: Call ahead to get your child on a waitlist.

### After-School Tutoring

- **For the Love of Children (FLOC)**
  - ☎ (202) 462-8686
  - 📍 1763 Columbia Rd NW
  - 🌐 [www.floc.org](http://www.floc.org)
  - Services: Free tutoring for students in grades 1-12. Visit the website to register your child.
- **826DC**
  - ☎ (202)-525-1074
  - 📍 3233 14th St. NW
  - 🕒 M–Th 3-5:30pm
  - 🌐 [www.826dc.org](http://www.826dc.org)
  - Services: Free one-on-one writing skills tutoring for students aged 6-18.

### Children With Special Needs

- **Advocates for Justice and Education**
  - ☎ NW Office: (202) 265-1432
  - 📍 4201 Georgia Ave NW
  - ☎ SW Office: (202) 678-8060
  - 📍 1012 Pennsylvania Ave SE
  - 🌐 [www.aje-dc.org](http://www.aje-dc.org)
  - Services: Resources and support for parents of children who have special needs or disabilities.

### SMART TIPS

- **Call:** Before visiting a provider, give them a call. If you don't have access to a phone, use ours!
- **Ask:** When you call, ask what they do, when they are open, and what to bring with you (documents, IDs, etc.).

# 9

## LEGAL



On this page, find legal services for a variety of needs. Remember to bring all paperwork regarding your legal issue to your first meeting.

### General Legal Aid

- **Legal Aid Society of DC**
  - ☎ (202) 628-1161
  - 🏠 Friendship Baptist Church  
900 Delaware Ave SW
  - 🕒 SW Office: Tu, F 9:30am-12:30pm
  - 🏠 1331 H Street NW Suite 350
  - 🕒 NW Office: M 12:30-6pm,  
Th 12:30-4pm
  - 🏠 2041 MLK Ave SE
  - 🕒 SE Office: M, Th 12:30-4pm
  - 🌐 [www.legalaiddc.org](http://www.legalaiddc.org)
  - Services: Free legal services for family law matters (child custody, domestic violence), housing, public benefits, debt/credit, and more.
- **Bread for the City**
  - ☎ NW Office: (202) 265-2400
  - 🏠 1525 7<sup>th</sup> St NW
  - ☎ SE Office: (202) 561-8587
  - 🏠 1640 Good Hope Rd SE
  - 🕒 Walk-in: Mon. 1-3pm
  - 🌐 [www.breadforthecity.org](http://www.breadforthecity.org)
  - Services: Offer free legal services for family law, housing, and public benefits access.

### PDS Community Defender Division

- ☎ (202) 824-2801
- 🏠 680 Rhode Island Ave NE
- 🕒 M, W, F 9am-4:30pm
- 🌐 [www.pdsdc.org](http://www.pdsdc.org)
- Services: Free legal and social service advice for recently released Returning Citizens (especially if not served by CSOSA).

### Immigration (Se Habla Español)

#### Ayuda

- ☎ (202) 387-4848
- 🏠 6925 B Willow St NW
- 🌐 [www.ayudainc.org](http://www.ayudainc.org)
- Services: Low-cost immigration assistance.

### Women

#### Our Place DC

- ☎ (202) 548-2400
- 🏠 1518 K St NW
- 🌐 [www.ourplacedc.org](http://www.ourplacedc.org)
- Services: Legal assistance for women, including child custody, domestic violence, and more.

### SMART TIPS

- **Call:** Before visiting a provider, give them a call. If you don't have access to a phone, use ours!
- **Ask:** When you call, ask what they do, when they are open, and what to bring with you (documents, IDs, etc.).

# 10

## MENTAL HEALTH & SUBSTANCE ABUSE



On this page, find help to feel better, including counseling and support for substance abuse.

### Counseling and Psychiatric Care

- **DMH (Dept. of Mental Health) Access Helpline**
  - 📞 24hr Hotline: 1-888-793-4357
  - 📍 35 K St NE
  - 🕒 M-F 8:30am-3pm
  - 🌐 [www.dmh.dc.gov](http://www.dmh.dc.gov)
  - Services: Immediate help in crises and ongoing mental health care.
- **Friendship Place**
  - 📞 (202) 364-1419
  - 📍 4713 Wisconsin Ave. NW
  - 🕒 Psychiatric Clinic: Th 1-4pm
  - 🌐 [www.cchfp.org](http://www.cchfp.org)
  - Services: Free same-day appointments with a psychiatrist for homeless men & women.
- **Wendt Center for Loss and Healing**
  - 📞 NW Office: (202) 624-0062
  - 📍 4201 Connecticut Ave NW
  - 📞 SE Office: (202) 610-0066
  - 📍 2041 MLK Ave SE
  - 🌐 [www.wendtcenter.org](http://www.wendtcenter.org)
  - Services: Counseling for those experiencing a loss or trauma.

### Advocacy & General Support

- **ULS (University Legal Services)**
  - 📞 (202) 547-0198
  - 📍 220 I St NE
  - 🌐 [www.uls-dc.org](http://www.uls-dc.org)
  - Services: Support groups, treatment plans, and advocacy for individuals who have been diagnosed with a serious and persistent mental illness (like schizophrenia, bi-polar disorder, or severe depression).

### Drug & Alcohol Abuse

- **APRA (Addiction Prevention and Recovery Administration) Assessment and Referral Center**
  - 📞 (202) 727-8473
  - 📍 70 N St NE
  - 🕒 M-F 7am-6pm
  - 🌐 [www.doh.dc.gov/apra](http://www.doh.dc.gov/apra)
  - Services: Referrals to addiction treatment programs for people who have used or are using drugs, alcohol, or tobacco.

### SMART TIPS

- **Call:** Before visiting a provider, give them a call. If you don't have access to a phone, use ours!
- **Ask:** When you call, ask what they do, when they are open, and what to bring with you (documents, IDs, etc.).

# 11

## SPECIALIZED HOUSING



On this page, find housing for women, veterans, youth, and people with HIV/AIDS.

### Veterans

- **Department of Veterans Affairs National Call Center for Homeless Veterans**
  - ☎ 1-800-424-3838
  - 🕒 24/7
  - Services: Find a list of shelters with beds available tonight.

### Women

- **N Street Village**
  - ☎ (202) 939-2076
  - 🏠 1333 N St. NW
  - 🕒 Day Center: M-F 7:30am-4pm, Sa-Su 9am-4pm
  - 🕒 Initial Orientation: M-W, F 9am
  - 🌐 [www.nstreetvillage.org](http://www.nstreetvillage.org)
  - Services: Emergency care and housing, transitional housing, addiction treatment, and HIV/AIDS support.
  - Requirements: Must attend an initial orientation to enroll.

### HIV/AIDS

- **Housing Counseling Services**
  - ☎ (202) 667-7568
  - 🏠 2410 17<sup>th</sup> St NW
  - 🕒 M, Tu, Th, F 9am-5pm, W 9am-8pm
  - 🌐 [www.housingetc.org](http://www.housingetc.org)
  - Services: Financial and rental assistance for people who are HIV positive.

### Youth

- **Covenant House**
  - ☎ 1-800-999-9999
  - 🕒 4pm-8pm every day
  - 🌐 [www.nineline.org](http://www.nineline.org)
  - Services: Counseling and assistance for homeless young people and parents aged 18-24.

### SMART TIPS

- **Call:** Before visiting a provider, give them a call. If you don't have access to a phone, use ours!
- **Ask:** When you call, ask what they do, when they are open, and what to bring with you (documents, IDs, etc.).

# 12

## SPECIALIZED MEDICAL



On this page, find medical care for special communities. Bring (1) all prison medical records, (2) a list of medicines you take, and (3) your insurance or Medicaid card if you have one.

### LGBT & Chronic Disease

- **Whitman-Walker Health**
  - 📞 Appointments: 202-745-7000
  - 📍 NW Office: 1701 14th St NW
  - 📍 SE Office: 2301 MLK Ave SE
  - 🌐 [www.whitman-walker.org](http://www.whitman-walker.org)
  - Services: Low-cost medical care, mental health services, dental, and pharmacy for LGBT and people with chronic diseases (HIV/AIDS, hepatitis A&B, diabetes, etc.).

### Sex Worker Support

- **HIPS**
  - 📞 24hr Hotline: 1-800-676-HIPS
  - 📍 1309 Rhode Island Ave NE #2B
  - 🕒 Outreach: Th-Sa 11pm-5am
  - 🌐 [www.hips.org](http://www.hips.org)
  - Services: Counseling, links to medical care, syringe exchange, and safe sex resources.

### Women's Health & OBGYN

- **Planned Parenthood**
  - 📞 NW Office: (202) 347-8512
  - 📍 1108 16th St NW
  - 📞 NE Office: (202) 388-4770
  - 📍 3937 Minnesota Ave NE
  - 🌐 [www.plannedparenthood.org](http://www.plannedparenthood.org)
  - Services: Free and low-cost medical care and counseling.

### Veterans

- **D.C. Veterans Affairs Medical Center**
  - 📞 24hr Hotline: 1-800-273-8255
  - 📞 Appointments: (202) 745-8577
  - 📍 50 Irving St NW
  - 🕒 7am-11pm M-F, 9am-5pm Sa-Su
  - 🌐 [www.washingtondc.va.gov](http://www.washingtondc.va.gov)
  - Services: Free comprehensive medical, dental, and eye care.

### SMART TIPS

- **Call:** Before visiting a provider, give them a call. If you don't have access to a phone, use ours!
- **Ask:** When you call, ask what they do, when they are open, and what to bring with you (documents, IDs, etc.).

# 13

## SENIOR CITIZENS



On this page, find services for senior citizens.

### General Senior Assistance

- **DC Office on Aging**
  - ☎ General: (202) 724-5622
  - ☎ TTY: (202) 724-8925
  - 🏠 500 K St NE
  - 🕒 M-F 8:30am-5pm
  - 🌐 [www.dcoa.dc.gov/DC/DCOA](http://www.dcoa.dc.gov/DC/DCOA)
  - Services: Help finding meals, transportation, and wellness programs; job training and job placement program.
  - Requirements: For seniors aged 60+.

### Comprehensive Senior Center

- **S.O.M.E. Senior Center**
  - ☎ (202) 797-8806 x1301
  - 🏠 1667 Good Hope Road SE
  - 🕒 Day Center: 10am-2pm daily
  - 🌐 [www.some.org](http://www.some.org)
  - Services: Day center with meals, recreation, group counseling, and case management.
  - Requirements: For seniors aged 60+ living in wards 6,7,and 8. Initial intake by phone.

### Senior Abuse Hotline

- **Adult Protective Services**
  - ☎ (202) 541-3950
  - 🌐 [dhs.dc.gov/service/adult-protective-services](http://dhs.dc.gov/service/adult-protective-services)
  - Services: Report senior abuse or neglect and get counseling and services for vulnerable seniors.

### Legal Counsel for Seniors

- **AARP Legal Counsel for the Elderly**
  - ☎ (202) 434-2120
  - 🏠 601 E St NW, 4<sup>th</sup> Floor
  - 🌐 [www.aarp.org/states/dc/LCE](http://www.aarp.org/states/dc/LCE)
  - Services: Free legal counsel for senior citizens in D.C. related to elder abuse, grandparent custody, housing advocacy, consumer protection, creating and updating wills, advocating for health care and long-term care concerns.
  - Requirements: D.C. residents aged 60+. Also handles SSI and SSDI cases for D.C. residents aged 55+.

### SMART TIPS

- **Call:** Before visiting a provider, give them a call. If you don't have access to a phone, use ours!
- **Ask:** When you call, ask what they do, when they are open, and what to bring with you (documents, IDs, etc.).